



LIFT THE BURDEN OF PAIN

before play time

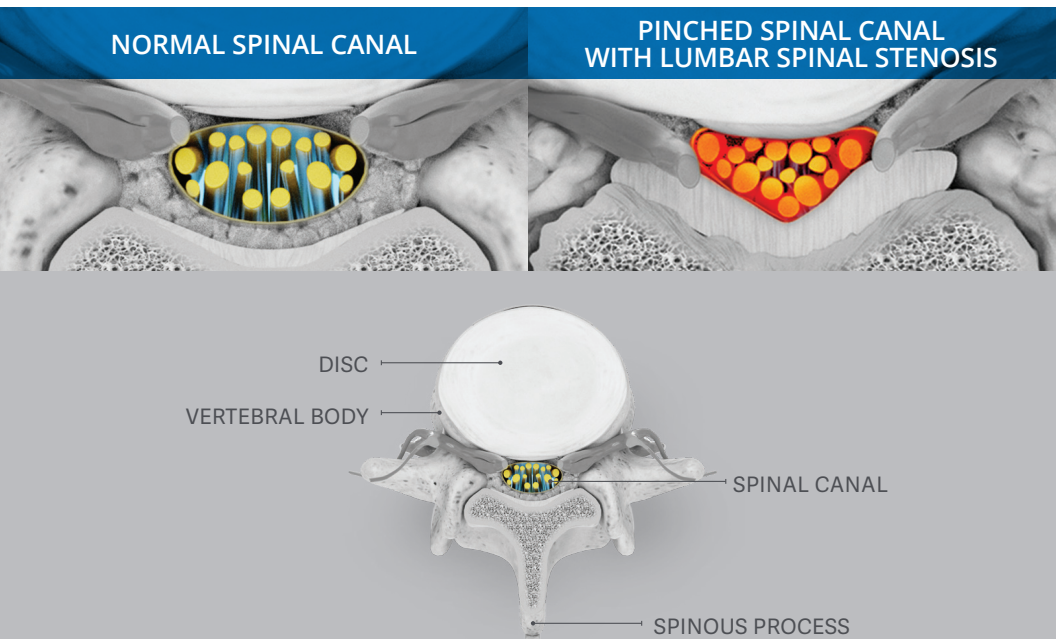
The Vertiflex Procedure is a simple and safe, minimally invasive treatment clinically proven for effective, long-term relief from the pain associated with lumbar spinal stenosis.

[Learn about a procedure to treat leg and back pain.](#)

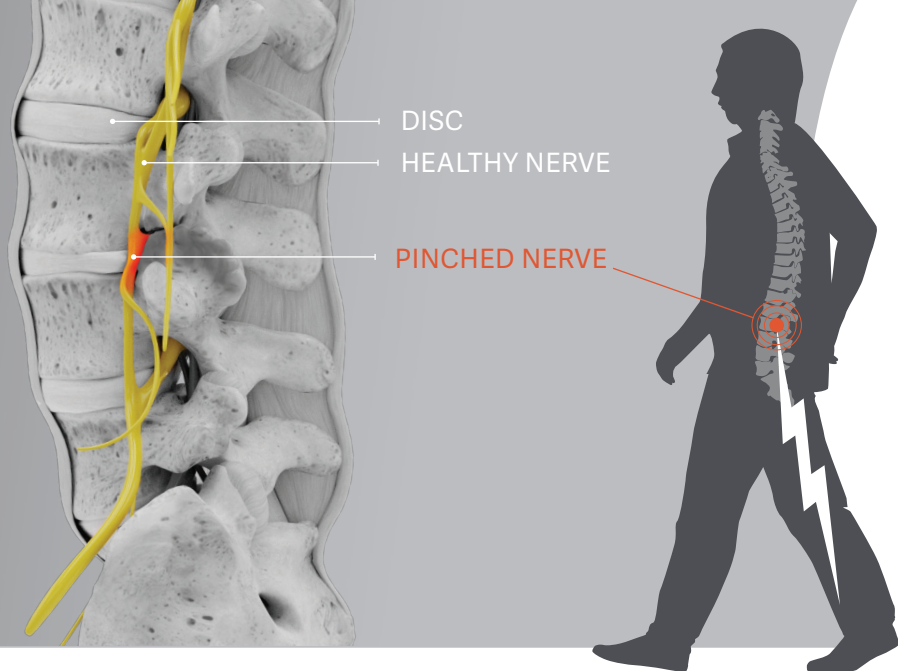
YOUR PAIN COULD BE SERIOUS

Leg and back pain can be the result of a condition called lumbar spinal stenosis, resulting from normal wear and tear on the spine as a person ages. Lumbar spinal stenosis is common in adults over 60 years old.

If left untreated, lumbar spinal stenosis can worsen over time, leading to excessive narrowing of the spinal canal. This can cause constriction of the nerves that run down the back and into the legs, resulting in pain, discomfort, and limited mobility.



Lumbar spinal stenosis is a narrowing of the spinal canal where nerves pass through



WHAT ARE THE SYMPTOMS?

Common symptoms of lumbar spinal stenosis include:

- ◆ Pain while walking
- ◆ Numbness or a “tingling” feeling in your legs, calves, or buttocks
- ◆ Weakness and/or loss of balance
- ◆ Aching, dull back pain spreading to your legs
- ◆ Decreased endurance during physical activities
- ◆ Pain relief experienced when sitting or leaning over slightly

For most people, symptoms develop gradually over time and are often made worse by standing and walking.

GET RELIEF FROM YOUR PAIN

There is a new, safe, and effective option for lumbar spinal stenosis.

The Vertiflex Procedure is a simple and safe, minimally invasive treatment clinically proven for effective, long-term relief from the pain associated with lumbar spinal stenosis.

Patient satisfaction*

90%

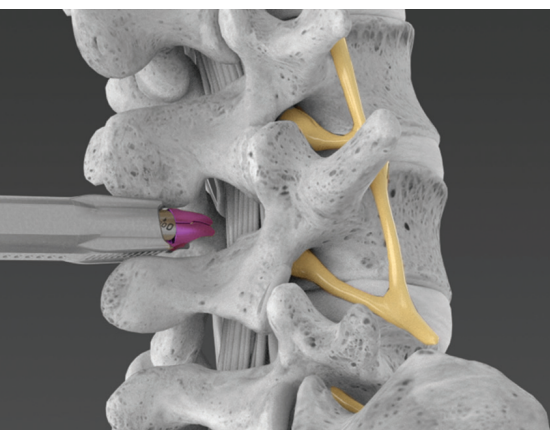


A minimally invasive outpatient procedure

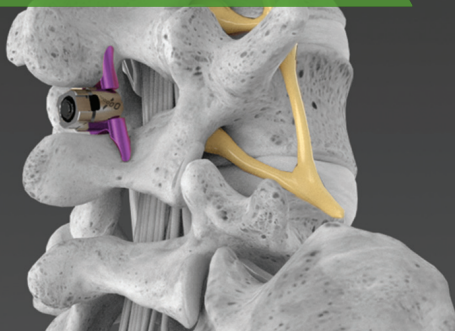
In a clinical study, 90% of patients reported satisfaction with the Vertiflex Procedure.*

Developed with patient safety and comfort in mind to give lumbar spinal stenosis sufferers the freedom to get on with their daily lives.

The Vertiflex Procedure uses a small implant that creates a space for nerves in the spinal canal.



The implant is folded so it can be placed through a small tube.



The implant arms open around the spinous process, locking it into place.

The implant works by supporting your existing anatomy and is completely reversible, leaving all treatment options available in the future.

*Responders at 60 months.

The Vertiflex Procedure may not be right for everyone, as any treatment has risks associated with it.

Ask your doctor if the Vertiflex Procedure is right for you.

HERE'S WHAT PEOPLE ARE SAYING ABOUT VERTIFLEX

“ I can stand and walk erect devoid of pain. I feel as though I am finally getting my life back. ”

Paul

“ After I had the surgery, I thought, 'Thank God, I found my miracle.' I wasn't experiencing any pain! ”

Marlette

“ I have Yorkie dogs that I need to lift and was able to do that right after surgery, which was great. ”

Donna

“ I felt a lot better, so I could go out and about and do things around the house. My leg pain from the stenosis is much better. ”

Denis



What to expect after the procedure

How do I care for the incision site post-procedure?

Most incision site wounds will have a few stitches or staples that should be kept clean and dry until the first follow-up visit, usually 7 to 14 days after having the procedure.

Are there any restrictions to activity?


For 6 weeks following your procedure, limit all lifting, bending, and strenuous activity including lifting anything over 10 pounds.

All patients have different needs. Therefore, it is important to always follow your treating physician's instructions.

Get pain relief and improved mobility

If you've been living with leg and back pain from lumbar spinal stenosis, you know the suffering it can cause, how it can limit your mobility, and the impact it can have on your daily life.

Now, there is a clinically proven, minimally invasive solution that may help. The Vertiflex Procedure has the potential to lift the burden of pain, offering a long-term solution that can help patients get back to enjoying their day-to-day life again.

A photograph showing the lower half of an adult in a teal sweater and grey pants, holding the hands of a young child. The child, who has dark skin and curly hair, is wearing a blue and white striped shirt and is holding a small blue and black toy car. The background is a bright, out-of-focus indoor setting.

Start enjoying
your daily
life again.

vertiflex[®]
Making space for life.

[vertiflex.com](https://www.vertiflex.com)

©2019 Vertiflex, Inc. All rights reserved. | VF-LD-0102-F