



Dear Sir or Madam,

Welcome to Pain Specialists of Southern Oregon. We are committed to providing you with state-of-the-art interventional pain management and clinical services. Thank you for choosing us for your care.

Joseph Savino, M.D., George Johnston, D.O., Brett Quave, M.D. and Daniel Kim, M.D. are fellowship-trained in Pain Medicine. Dr. Savino and Dr. Quave are board-certified in Anesthesia, with a subspecialty certification in Pain Management. Dr. Johnston and Dr. Kim are board-certified in Physical Medicine & Rehabilitation, with a subspecialty certification in Pain Management. Their goal is to partner with the referring physician to optimize your care.

APPOINTMENTS

Enclosed you will find several forms. Please complete each form and return them to our office via mail or email (forms@mypaincare.org) **at least one week** prior to your scheduled appointment so that your provider is prepared for your visit. We have a link to a printable and fillable pdf version of these forms at <https://painspecialists.com/new-patient-forms/>. Please also bring any records, imaging on discs or CDs, and imaging reports pertaining to your condition. Please plan to arrive **at least 30 minutes** early so there is adequate time to ensure all your records are organized and completed for your visit with our team. We look forward to meeting you. Please do not hesitate to contact us with questions.

FINANCIAL POLICY

We participate with most major insurance companies. Co-payments and/or co-insurance payments are due at the time of service. For patients who do not have insurance and are unable to pay in full at the time of service, please contact our office prior to your appointment to discuss a financial payment plan. As a convenience to our patients we accept cash, checks and/or VISA/MasterCard/Discover and American Express.

Someone from our office will contact you the day before your visit to complete the Celeri testing that our office requires to help manage your care plan. Our office will bill your insurance for the Celeri test, however, if your insurance applies that service towards your yearly deductible, then you may receive a bill.

OUR LOCATIONS:

➤ 825 Bennett Ave., Medford, Oregon, 97504 →



➤ 842 E. Main St., Medford, Oregon, 97504 →



Please ensure you make note of the location of your appointment.

Pain Specialists of Southern Oregon
P (541) 779-5228 * F (541) 772-1533

DEMOGRAPHICS

Today's Date: _____

Patient Name: _____ Date of Birth: _____
Last First M.I.

Soc Sec#: _____ - _____ Drivers Lic#: _____ Marital Status: _____

Language: English: _____ Other: _____ Race: _____ Ethnic Group: _____

Physical Address: _____ City: _____

State: _____ Zip Code: _____

Mailing Address: _____ City: _____

State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Ok to Leave a Detailed Message? Yes No Ok to send a Text Message? Yes No

Visit Related to: Work Comp: Yes No Motor Vehicle Accident: Yes No

Email Address: _____

Employer: _____ Employer Phone: _____

Emergency Contact: _____ Relationship: _____ Phone: _____

Referring Provider: _____ Phone: _____

Primary Care Provider: _____ Phone: _____

Pharmacy Name: _____ City: _____ Phone: _____



RELEASE OF INFORMATION

I, _____, hereby authorize
Patient Name

Pain Specialists of Southern Oregon to release information about my:

Medical Information

Billing Information

Appointment Information

Other: _____

*Required by Pain Specialists of Southern Oregon:

*Referring Provider: _____
Name

*Primary Care Provider: _____

If requested by: _____
Name

Name Relationship Phone Number

Name Relationship Phone Number

Name Relationship Phone Number

Patient Signature: _____ Date: _____

Representative Signature Relationship Date

ADVANCED CARE

Do you have a health care proxy in the event you are unable to make your own medical decisions?

Designee's Name: _____ Phone Number: _____

Do you have a living will? Yes No

Which statement best reflects your wishes on advanced care recommendations?

Do Not Intubate: I do not wish to have a breathing tube, even if it is necessary to save my life.

Do Not Resuscitate: If my heart were to stop, I do not wish to have chest compressions or an automated external defibrillator to restart my heart, even if it's necessary to save my life.

Full Cardiopulmonary Resuscitation: I want full cardiopulmonary resuscitation efforts to be made.

Patient Signature: _____ Date: _____

Representative Signature Relationship Date

PAIN QUESTIONNAIRE

Name: _____ DOB: _____ Appointment Date: _____

1. Indicate the area of pain that you would most like to address today (e.g. “neck”, or “low back”)

2. Which side does this primarily affect?

3. Does this pain radiate anywhere? Yes No

4. If yes, then where does it radiate to?

5. How long has this pain been present?

6. Is there any known event that caused this pain? Yes No

If you answered “yes”, please describe here:

7. Do you hurt all the time? Yes No

8. Is there any one time of day that you reliably hurt more than others?

If you answered “yes”, please indicate when:

9. Your pain occurs: Worse after activity Worse in the morning Worse during the day
Worse during the night Worse at the end of the day Worse in the cold

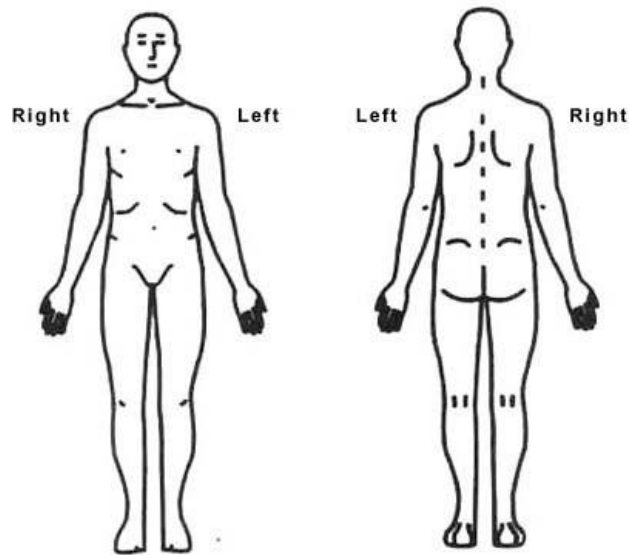
10. Describe your pain: Aching Burning Cramp-like Dull Tingling Sharp
Shooting Stabbing Other

11. What activities make your pain worse? (i.e. prolonged sitting, lying down, bending, lifting, twisting, walking, etc.):

12. What makes your pain feel better? (i.e. rest, changing positions, exercise, pain medication, heat, ice, sitting, lying down):

PAIN QUESTIONNAIRE

13. On the diagram, shade in the painful area that you indicated on the previous page.



14. ASSOCIATED SYMPTOMS (CHECK ALL THAT APPLY)

NUMBNESS

Left shoulder numbness

Right shoulder numbness

Left upper arm numbness

Right upper arm numbness

Left forearm numbness

Right forearm numbness

Left hand numbness

Right hand numbness

Left finger numbness

Right finger numbness

Left thigh numbness

Right thigh numbness

Left lower leg (below the knee) numbness

Right lower leg (below the knee) numbness

Left foot numbness

Right foot numbness

WEAKNESS

Left arm weakness

Right arm weakness

Left leg weakness

Right leg weakness

OTHER

Bladder incontinence

Bowel incontinence

Balance difficulties

Groin numbness

PAIN QUESTIONNAIRE

15. What therapies have you used to treat these symptoms?

TREATMENTS (CHECK ALL THAT APPLY)

Activity modification

Chiropractic

Acupuncture

Physical therapy

Bracing

When did you last attend PT for this problem?

Heat

Ice

MEDICATIONS (CHECK ALL THAT APPLY)

Opioids

NSAIDS/Tylenol

Muscle Relaxants

Tramadol

Methadone

Tylenol

Celebrex

Soma

Valium

Codeine

Morphine

Aspirin

Ibuprofen

Flexeril

Nucynta

Buprenorphine

Naproxen

Relafen

Zanaflex

Dilaudid

Hydrocodone

Volteren

Daypro

Robaxin

Oxycodone

Oxymorphone

Indocin

Feldene

Skelaxin

Antidepressants

Other

Elavil (amitriptyline)

Paxil

Neurontin (gabapentin)

Lyrica (pregabalin)

Pamelor

Prozac

Tegretol

Topamax

Cymbalta (duloxetine)

Savella

Imitrex

Mexilitine

Efferxor (venlafaxine)

Zoloft

Xanax

Klonopin

Ativan

Ambien

16. What procedure(s) have you had to treat the pain? **(CHECK ALL THAT APPLY)**

No Procedures

Epidural Steroid Injection(s)

Facet Joint Injections

Medial Branch Blocks Trial(s)

Facet Rhizotomy (Ablation)

Sacroiliac Joint Injection(s)

Spinal Cord Stimulator Trial(s)

Spinal Cord Stimulator (Permanent)

Trigger Point Injection(s)

Peripheral Nerve Injection(s)

Spinal Fusion Surgery

Decompression Surgery (laminectomy or discectomy)

PAIN QUESTIONNAIRE

Medications (Please list all current medications or check the applicable box below)

I will bring a copy of my medication list (Please provide the list to the front desk receptionist)

I am on anticoagulant therapy

I am not currently taking any medications

Medication Name	Dosage	# of times dosage taken per day

Allergies (please list all known allergies or check applicable box below):

I will bring a copy of my allergy list (please provide the list to the front desk receptionist)

I have no known drug allergies

<u>Medication</u>	<u>Please describe allergic reaction, severity & symptoms</u>

PAIN QUESTIONNAIRE

Past Medical History

Anemia	Emphysema
Arthritis	GI ulcer
Anxiety	Heart attack
Asthma	Hepatitis
Atrial fibrillation	HIV/AIDS
Bipolar disorder	Hypertension
Bleeding disorder	Kidney disease
Cancer	Liver disease
Breast cancer	Depression
Prostate Cancer	BPH
Bronchitis	Osteoporosis
CHF	Seizures
Clotting disorder	Shingles
COPD	Stroke
Diabetes	Thyroid disease
Coronary artery disease	Other:

Family History

Please mark if a Blood Family Member has ever had any of these conditions. If so, please indicate their relationship to you.

<u>Disease</u>	<u>Relationship</u>
Cancer	_____
Heart disease	_____
Diabetes	_____
Hypertension	_____
Stroke/TIA	_____
Alcohol abuse	_____
Drug abuse	_____
Depression	_____
Seizures	_____
Osteoarthritis	_____
Scoliosis	_____

Social History

Alcohol Use		Tobacco Use
None	Occasionally	Drinks/day
Drug Use		Former smoker & Quit
None	Past Drug Use: Type	Current & Cigarettes/day
Current Drug Use: Type		

Please list your surgical history:

**PAIN QUESTIONNAIRE
Review of Symptoms**

Constitutional	Yes	Respiratory	Yes	Musculoskeletal	Yes
Activity change		Chest tightness		Joint pain	
Appetite change		Choking		Back pain	
Chills		Cough		Gait problem	
Abnormal sweating		Shortness of breath		Joint swelling	
		Stridor		Muscle pain	
HENT		Wheezing		Neck pain	
Congestion				Neck stiffness	
Dental problem		Cardio			
Drizzling		Chest pain		Skin	
Ear discharge		Leg swelling		Color change	
Ear pain		Palpitation		Pallor	
Facial swelling				Rash	
Hearing loss		GI		Wound	
Mouth sores		Abdominal distension			
Nosebleeds		Abdominal pain		Immuno	
Postnasal drip		Anal bleeding		Environmental allergies	
Runny nose		Blood in stool		Food allergies	
Sinus pain		Constipation		Immunocompromised	
Sinus pressure		Diarrhea			
Sneezing		Nausea		Neurological	
Sore throat		Rectal pain		Dizziness	
Ringing ears		Vomiting		Facial asymmetry	
Trouble swallowing				Headaches	
Voice change		Genitourinary		Light-headedness	
		Difficulty urinating		Numbness	
Eyes		Pain with urination		Seizures	
Eye discharge		Involuntary urination at night		Speech difficulty	
Eye itching		Flank pain		Syncope	
Eye pain		Increased urinary frequency		Tremors	

PAIN QUESTIONNAIRE

Eye redness		Genital sore		Weakness	
Photophobia		Blood in urine			
Visual disturbance		Penile discharge		Hematologic	
		Penile pain		Enlarged lymph nodes	
		Penile swelling		Bruise/bleed easily	
		Scrotal swelling			
		Testicular pain		Psychiatric	
		Urinary urgency		Agitation	
		Decreased urine output		Behavior problem	
				Confusion	
				Decreased concentration	
				Bad mood	
				Hallucinations	
				Hyperactive	
				Nervous/anxious	
				Self-injury	
				Sleep disturbance	
				Suicidal ideas	

NO SHOW/MISSED APPOINTMENT POLICY

Pain Specialists of Southern Oregon understand that sometimes you need to cancel or reschedule your appointment and that there are family obligations or emergencies. If you are unable to keep your appointment, please call us as soon as possible (with at least a 24-48-hour notice). You can cancel appointments by calling the following number: 541-779-5228

To ensure that each patient is given the proper amount of time allotted for their visit and to provide the highest quality care, it is very important for each scheduled patient to attend their visit on time. As a courtesy, an appointment reminder call to you is made/attempted one (1-2) business days prior to your scheduled appointment. However, it is the responsibility of the patient to arrive for their appointment on time.

PLEASE REVIEW THE FOLLOWING POLICY:

1. Please cancel your appointment with at least a 24-48 hours' notice: There is a waiting list to see our providers and whenever possible, we like to fill canceled spaces to shorten the waiting period for our patients.
2. If less than a 24-48 hour cancellation is given this will be documented as a "No-Show" appointment.
3. If you do not present to the office for your appointment, this will be documented as a "No-Show" appointment.
4. If you have a "No-Show/Missed" appointment, you may receive a no-show fee of \$25.00.
5. Dismissal from the practice may be considered if habitual behavior is identified (i.e., more than 2 in a rolling calendar year).

I have read and understand Pain Specialists of Southern Oregon "No Show/Missed Appointment Policy" and understand my responsibility to plan appointments accordingly and notify our clinic appropriately if I have difficulty keeping my scheduled appointments.

Patient Name

Date of Birth

Date

Patient Signature or Parent/Guardian if minor

Relationship to Patient

Staff Signature

Date

Thank you for your understanding and cooperation as we strive to best serve the needs of our patients.



FINANCIAL POLICY

Please be assured that everyone in this practice provides medical care in the highest quality possible to all our patients, in an atmosphere of caring, trust and mutual respect.

Your complete understanding of your financial responsibilities is essential; the following is our financial policy that all patients are required to read and sign prior to seeing a healthcare provider. Please let us know if you need any clarification on our payment policies.

Please present to the office with a form of payment to meet your financial obligations to your insurance provider and to your healthcare provider. We accept cash, debit card, check, MasterCard, Visa, Discover and American Express.

You are responsible for all copays, coinsurance, deductibles, and non-covered services. We are obliged to collect your copay at the time of service per your insurance company. Please understand that we cannot waive deductibles, coinsurances or copays that are required by your insurance. Patient portion of payment is due at time of service unless prior arrangements have been made with the business office.

We accept assignment with most major insurance companies and participating provider plans. However, please note:

1. Your insurance policy is a contract between you, your employer and the insurance company. Our relationship is with you, not your insurance carrier.
2. All charges are your responsibility whether your insurance company pays or not (to the extent of insurance contractual obligation).
3. Returned checks will be subject to any bank fees charged to our office, in addition to a service fee, and will be billed to you.
4. Unpaid balances are subject to collections process.

We understand that temporary financial problems may affect timely payment of your balance. Balances not paid within 90 days will be turned over to an outside collections agency, unless prior payment arrangements have been made with our business office. Patients turned over to a collection agency will also cease to be patients of Pain Specialists of Southern Oregon.

Due to the hardship imposed on the practice and other patients, scheduled appointments that are missed, cancelled and /or rescheduled with less than 24 hours' notice will result in a fee and may also result in discharge from the practice. The fee for missed appointments is determined based on the level of hardship it imposed on the practice. This fee will not be covered by your insurance and must be paid prior to you seeing the healthcare provider.

Prescriptions provided outside of an office visit due to missed, cancelled and/or rescheduled appointments are subject to a fee and payment will be required at the time prescription is provided.

I have read and understand Pain Specialists of Southern Oregon's "Financial Policy" as described above.

Patient Signature/Authorized Signature

Date

Printed Name of Patient / Printed Name of Authorized Signer

Relationship to patient if not patient

Authorization to Release and Assign Insurance Benefits: I authorize release of any information required to act on any insurance claim and permit photocopy or other facsimile reproduction of this authorization to be used in place of the original assignment. I hereby assign to Pain Specialists of Southern Oregon the medical and/or surgical benefits I am entitled from my insurance company and/or Medicare. This authorization is in effect for all future claims until I choose to revoke it in writing.

Patient Signature/Authorized Signature

Relationship to patient if not patient

Date



I understand the following regarding my pain management while under care of a provider at PSSO:

BEHAVIOR STANDARDS:

- To ensure continuity of care and provide you with the best possible benefit from each visit, we do not allow patients to change providers unless adjustments are required by the clinic to balance operations in extreme circumstances (i.e., your provider is overbooked, your provider has left the practice, your provider is out ill, etc.).
- We will treat you with respect and courtesy and request that you treat us in the same way. There is no room in our relationship for disrespect or abusive communication in any form, including foul language, aggressive or threatening communications of any kind verbal or written. If we cannot maintain a polite and professional relationship, we will not continue that relationship resulting in dismissal from the practice.
- To maximize the benefits of pain management care, we require paperwork or electronic forms to be completed before regular visits.
- Appointment times are precious, and we require all our patients to complete paperwork prior to their appointment, to maintain their calendar and to ensure that they arrive at the appropriate location (Bennett or Lear Way) 15 minutes before their appointment. If you are late to your appointment or arrive with paperwork not completed, you may need to be rescheduled.
- We deliver integrated pain management and expect that all our patients will receive their care, interventions such as injections and if needed medication management exclusively from our practice. We do not co-manage patients with other pain management providers. We will, however, work collaboratively with your primary doctor and any other specialties (except pain management) that you receive treatment from as needed during your care with us.
- This agreement covers both Pain Specialists of Southern Oregon (PSSO) and our ambulatory surgery center, Crater Lake Surgery Center (CLSC).

By signing this agreement, I agree that I have read this agreement in full and will abide by the standards noted within it. I have been offered the opportunity to ask questions and my questions have been answered.

Patient Name: _____ Date of Birth: _____

Patient signature: _____ Date: _____